

*The organisers of Waitakere Focus on  
Fathering week 2009 are proud to  
present to you a talk by two  
remarkable and inspirational  
Waitakere personalities*



## **Fathering Teenagers**

A lively, interactive and inspiring seminar evening to empower fathers, and the fatherhood story in your family.

The role of an effective father is so vital to the development of your children. You already know the challenges of guiding them through the teenager years, if you want to build your effectiveness in their lives come and invest in the solutions.

**Expect to be part of an inspiring, skill building and confidence enhancing evening.**

**Men and women welcome!**

*Rex McCann* is the founder and Director of the Essentially Men Education Trust and well known and widely respected for his work in the area of men's awareness work in New Zealand and Australia. For twenty years he has led men's groups; and developed community and services to support men in the context of their families and community.

He is author of "[Fatherless Sons](#) - the stories of New Zealand men", which examines men's relationship with their fathers and the place of fathers in society.

Rex is an inspirational facilitator and speaker who has experienced many walks of life with men, including working with men in prisons for five years. In his early life he has worked as a hunter, a political activist, a teacher in Rudolf Steiner education, and a director of street theatre. As a social change catalyst, he inspires a powerful and growing community of men to explore their journeys as men and to express their power but also their vulnerabilities. [www.essentiallymen.net](http://www.essentiallymen.net)

*Warwick Pudney* is a senior lecturer in Violence and Trauma Studies at AUT. He is also a counsellor, educator and trainer; and works with educators, caregivers, social services and community professionals. He writes practical self-help books on a wide range of topics including, children's anger and behaviour, boys in the education system, parenting, violence prevention, emotional literacy and child-adult relationships, fathering and conflict resolution. His publications include the award winning book "A Volcano In My Tummy - A teachers and parent's guide to working with Children's Anger". Other publications are; Beginning Fatherhood - A self-help book for new fathers; Adolescent Volcanoes - parents and teachers guide to Adolescent Anger; Little Volcanoes - Helping with Children's Anger in Early Childhood; Volcano in My Tummy Professional Helper's Manual.



**DATE: Thursday 3 September 2009**

**TIME: 7.30pm - 9pm**

**VENUE: Henderson High School - Staff room  
31 Henderson Valley Rd**



To register please phone Chris on 889 0429 or register through the online link below:

<http://spreadsheets.google.com/viewform?formkey=dEtpT3c3djZTZIZ1M3pBYzB1Zk5BX3c6MA>.

Check out [www.dad4life.co.nz](http://www.dad4life.co.nz) for other Focus on Fathering Week events