

WELLBEING SUMMIT

WORKSHOP GROUPS - NOTES

Workshop 1 : Everyone is Healthy & Safe in Waitakere

- Fully resourced health system and staff
- Holistic wrap around services with a range of choices
- Valuing health promotion and primary prevention
- Good transport infrastructure
- Family stability
- Zero truancy
- Cultural acceptability
- No gangs
- Free from violence
- All kids achieving academically
- Access to healthcare for all
- All children in ECE
- Zero poverty
- Economic growth
- Access to PA and sport opportunities for all
- More open spaces
- Positive population growth
- All kids achieving fundamental movement milestones
- Our own DHB in Waitakere own money to spend in our way
- Enjoy a fulfilling, healthy long life
- Access to culturally appropriate information and orientation to health systems
- Accessible, acceptable appropriate and affordable health services
- Freedom from sexual abuse, physical assault and neglect
- Young people to have something purposeful to do
 - Education
 - Employment
 - Connected in communities
- Certain level of income and ability to apply appropriately
- True sense of community
 - Faith/ethnicity/culture
- Free of disability impact of drug abuse/alcohol and its generators
- Parents/care givers have support and skills to do their role well
- Good housing – social infrastructure

Underlying Causes

- Unemployment – economic
- Culture of violence remains in government, sport, family
- Overwhelming influence of TV
- Time/pressures/commitments/priorities (how to)
- Barriers to access? Perceived? Real
- Impact of colonisation
- Poverty and deprivation

The Perfect Community

- Lots of interaction with communication
- Zero isolation
- Treaty of Waitangi is realised
- Supported and resourced community (zero poverty) groups working together, neighbourhoods are safe, caring, empathetic – if your neighbours move you miss them

- Crime no longer exists
- Safety at all levels for all individuals, work, playgrounds, streets, home, schools
- Women and children feature highly in wellbeing stats
- All schools are inclusive
- Equity for all – age, gender, race
- Holistic approach ensures environmental respect and sustainability for future generations

Safe Environments

- Playgrounds
- Footpaths
- Lighting

Housing

- Warm, dry, adequate, safe and secure, affordable

Neighbourhood

- Violence free
- Full cultural participation
- Outdoors life
- Neighbours communicating

Family Life

- ECE
- Violence free
- Able to choose healthy food and activities
- Community growing/gardening skills

Older People

- Respected
- Participating

Health

Access and choice

Summary

What would success look like?

- Freedom from sexual/physical abuse, neglect, family violence
- Cultural participation
- Children and youth reaching full potential
- Safe environments at all levels
- Accessibility, choice, fully resourced, training staff on health services and education
- Zero poverty
- Adequate housing
- Holistic and wrap around services

How are we doing (indicators)

- Calls to Actions in place – strengths based statistics collected – deficit model working on strategic alignment with TTOW

Stories/Underlying Causes?

- Quick fix solutions that are superficial and don't sustain long term development
- Fragmentation of services – agency criteria
- Co-existence – need more 'busy bodies'

What other information do we need?

- Why do people feel isolated/unaware of support available

What would make a difference?

- Having enough GPs
- Incorporate medical centres as part of Council community houses/centres (sharing information, holistic case management)
- Council to provide appropriate facilities for groups – use multi-purpose centres – holistic approach, collaborative approach
- Council to make planning processes streamlined/easier to work with – free, no fee, fast tracking
- Creating family focused service centre around schools
- More strategic alliances around action
- Council takes responsibility to ensure ethical funding is available – reduces gambling and community reliance, its resources
- Focus on preventing violence

Low cost/No Cost Idea

- WCC supporting development of community facilities by eliminating resource/consent fees
- Take the ideas from summit to the community and ask them which things they would find useful – if none of these then ask them what would make a difference (meaningful consultation with specific communities (of greatest need – go to them, seek them out) then disseminate back out
- Council to review the gambling machines in conjunction with advocating for ethical funding for community organisations