

te raa Mokopuna
FREE FUN DAY
**BRING YOUR NEIGHBOUR!
IT'S NEIGHBOURS DAY!**
SAT 26 MARCH
10AM – 2PM MOIRE PARK
GRANVILLE DRIVE, MASSEY

FOR MORE INFORMATION PHONE LINDA 832 0431
OR EMAIL linda.shaw@aucklandcouncil.govt.nz

Massey Matters
Auckland Council

GET TO KNOW YOUR NEIGHBOURS AT TE RAA MOKOPUNA

26 March 2011 is the date of Massey's big day out at Moire Park! Put that on your 2011 calendar now!

It's also Neighbours Day. A national campaign to bring back the local spirit in community where you waved at or said hello to the people next door or in your street. Are you on first name basis with your neighbours? Do you help out your neighbours such as mowing their street berm when you are doing yours or preparing food when they are in crisis or having fun with the local kids?

This year Te Raa Mokopuna will feature activities and ways you and your neighbours can meet each other, work on community projects together and support each other. If you want to find out more about National Neighbours Day, visit www.neighboursday.org.nz

"Massey has a great community spirit and Te Raa Mokopuna, combined with Neighbours Day, is an opportunity to meet new people, find out about community organisations who work in this area and have fun," says Linda Shaw from Massey Matters. "With Neighbours Day as our theme, we encourage people to take the idea of neighbours day and extend it throughout the year. When we are in trouble, its often our neighbours who help us out."

There will be lots of activities for children and young people, giveaways, food, information and a great lineup of talent onstage. Adults will also be catered for so people are encouraged to bring their neighbours to Te Raa Mokopuna and enjoy the experience together.

"Te Raa Mokopuna has always been free, fun and friendly and next year will be no exception" Linda says. "Watch out for more details on surprises and new initiatives on the day."

If you are part of an organisation who would like to be involved with Te Raa Mokopuna, please contact Linda Shaw on 832 0431 or linda.shaw@aucklandcouncil.govt.nz

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IN BRIEF

Last issue we featured a profile of film maker **Briar March**. Since that issue Briar's documentary *There Once Was an Island; Te Henua e Noho* won the Best Editing – Documentary/Factual award, at the NZ Qantas Film and Television Craft Awards. Ms March was also the winner of the Leipziger Ring Film Award, presented by the Peaceful Revolution Foundation, in Germany for her documentary. Congratulations to Briar and her team at On the Level Productions.

Often called the parenting professor, west Auckland-born Matt Sanders is the founder of **Triple P**, the world's most-researched parenting programme. Thousands of parents have used the proven tips and strategies of Triple P to turn around behaviour problems and take a lot of the struggle out of raising kids.

Professor Sanders says the single most important thing we can do as a community to prevent children developing serious behavioural, emotional and learning difficulties is to assist parents in the important role of raising children. He says doing a quality parenting programme should be as common as taking a driving lesson before getting behind the wheel of a car.

The Group Teen Triple P programme will be available in 2011. If you are looking for parenting support please contact Emma Solomon on 836 8000 ext 8415 or emma.solomon@aucklandcouncil.govt.nz

From 1 November you have been able to use your existing library card in any of the Auckland Council region's 55 locations and four mobile libraries. In this new library service you'll have access to approximately 3.5million items including fiction and non fiction books, CDs, DVD's, games, audio books, foreign language and reference materials, plus over 100 databases providing access to the world's information. Borrowing fees and loan periods will be consistent across all the libraries. More information is available on www.aucklandlibraries.govt.nz Alternatively, pick up a brochure from your local library or contact us – email: libraryquestion@aucklandcouncil.govt.nz or phone: 09 301 0101.

For those interested in co-housing, our neighbouring Eco-neighbourhood, **Earthsong** in Ranui have just launched their new website. There is all sorts of good information on how we can live in a community, like we used to in the good old days when neighbours helped each other. Visit www.earthsong.org.nz

Welcome to the last issue of *Massey Matters* for 2010. The team at the *Massey Matters* editorial team would like to wish you all happy holidays and a safe and enjoyable New Year.

Thank you to all those who have contributed to the newspaper in 2010, we look forward to more from you next year. Take care of each other over the summer break – we look forward to providing you all with everything you need to know about Massey, in 2011.

Meri Kirihimete, Sun Tan Chuk Ha, Shanah Tovah, Shub Naya Baras, Manuia Le Tausaga Fou, Stretan Bozic i Nova Godina – Merry Christmas and Happy New Year to you all.

Linda Shaw, Imelda Morgan and Linda Fraser

DID YOU KNOW



Next year Massey will have another great community event – **Our Amazing Place Community Treasure Hunt for Massey West on 7 May**. It's going to be a lot of fun – more details in the next edition of *Massey Matters*.

SUCCESSFUL SEASON FOR UNDER-15 BOYS BASKETBALL

BY LINDA FRASER

The West Auckland Basketball Association U15 Boys Team are based at the Massey YMCA and embarked on a long season of training which ran from February right through to October. The boys train together two to three times a week and to help strengthen the team they also played against some older teams from other associations and schools as part of their training. Coached by Doe Williams with assistant coaches Jace Seumanu and Jayson Johnson, the team train at Massey High School or the Massey YMCA.

"The boys and their coaches worked really hard this season and their achievements are a direct result," said team manager, Jude McConnville. Those results include U15 Boys Champions of the Basketball Pacific Easter Tournament, Intercity Champions 2010, Zone 1 BBNZ Regional Premierships Winners 2010 and BBNZ National Premiership Title winners 2010. Playing a total of 24 games across these competitions, they were undefeated.

"We are very proud and excited about their achievements," Jude adds. "We hosted the Zone 1 Regional Premiership this year, with proceeds from door sales and the canteen helping the team get to the Nationals in Porirua, paying our registration fees, sports bags and some of our accommodation," she says. "We would like to say a big thank you to Massey High School for the use of their gym, Mad Butcher for the discounted sausages, Tasti for muesli bars and the parents for being committed to the team by getting the boys to training and paying for them to attend the various tournaments."



Above: The successful U15 boys with their support team.

MASSEY LANDLORD WINS AWARD

"He's the best landlord I've ever had." That's Suzanne Aldred's glowing assessment of her landlord Ivan Stanton, winner of the Housing Call for Action's first Responsible Landlord Award.



Suzanne Aldred, left, with landlords Ivan and Fay Stanton.

The Massey resident says Ivan and his wife Fay are very thoughtful from buying Christmas presents and supplying firewood to allowing her to catch up on rent when her ACC payments have been delayed.

"It was a complete surprise but a really nice one," said Mr Stanton about the award. "It's important to us that our tenants are happy. It's a two-way street really - happy tenants and a happy landlord."

The Housing Call for Action is part of the Waitakere Wellbeing Collaboration Project, a collaborative group of key housing stakeholders and activists. The initiative, run in association with Waitakere City Council, was launched as part of Spotlight on Housing Week, 26-30 July. The week and the competition aimed to put the spotlight on conditions of rental properties in Waitakere. About one third of Waitakere residents live in rental accommodation and many of them and their landlords are not aware of their rights and responsibilities.

THE IMPORTANCE OF RELATIONSHIPS



Constable Aiden Crossman, Massey Community Police Station.

The Police are here to assist and serve the community and this involves encouraging and educating the community about keeping itself safe. The safety of the community is everyone's responsibility. Police need the community to be our eyes and ears and report criminal activity to deter further offending.

The festival time of year is coming up and it is the hope of Police that people take care of themselves and others to safely see out 2010 and see in 2011.

Start taking the time to plan the upcoming holiday season with some simple tips that may keep you and your property safe.

- If you're planning time away, remember to have your mail cleared, residence checked and details of your contact numbers left with a friend.
- Have a person check your property regularly.
- Make your neighbours aware of your plans and encourage them to report any suspicious behaviour or activity.
- Have your vehicle serviced and compliant and take regular rest stops on your journey.

Constable Aidan Crossman is a familiar face to the Massey Community and has been working alongside Senior Constable Furfinger. Constable Crossman has recently been assigned his new role as the Massey Community Constable and is looking forward to strengthening relationships already forged focusing on making 'safer communities together'.

You can contact Constable Crossman and the team at the Massey Community Police Station, 390 Don Buck Road, Massey.

TRIANGLE PARK COMMUNITY GARDEN

The first sod has been turned at Triangle Park Community Garden so expect to see action in the next few months at the site beside the Massey Community House on Don Buck Rd, Massey.

Workshops and working bees are scheduled to not only prepare the land for no spray fruit and vegetable production but also to provide free learning opportunities. So if you want to know how to get a vegetable garden started, learn the difference between permaculture, organic and no spray traditional gardening, make sure you let the Community House know you want to be involved.

The garden was blessed at a gathering on Sunday 10 October by Kaumatua Wiremu Hetaraka with Kuia Awa Hudson and Aopotoro Owen Paikea. It was also a chance to plant a memorial tree for Gwen Nash, who was a strong supporter of gardening and a stalwart of the Community House. Her family were in attendance and spoke about her work in the Massey community.

If you would like more information about the garden or to become involved please contact the Massey Community House on 833 9220.



MASSEY MATTERS MOVES FORWARD

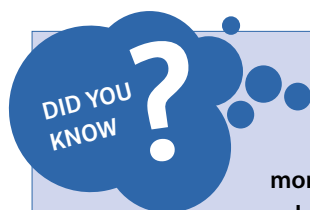
Massey Matters was launched by Waitakere City Council five years ago and has been strongly supported by the Council over the years.

With the changes to the Auckland Council structure and a sense of developing a more community led project, the ability to apply for funding is necessary. Massey Matters is currently not a legal entity and is therefore unable to apply for outside funding - the project is initiating a move to an Incorporated Society status.

"While we have been financially supported by Council in the past, we need the ability to independently apply for funding so we can progress initiatives that would benefit the community." Barbara Guy, current Chair of Massey Matters Advisory Group said.

Work is underway to establish a legal structure and put in place a constitution, policies and procedures which will secure a strong financial and sustainable foundation for the future. The focus of the project will remain the same and the connection to the community and organisations which inform our strategic direction and outcomes will continue to strengthen.

In the new year, a community meeting will be held to formally create the Incorporated Society. Contact Linda Shaw for details, ph: 832 0431 or email: linda.shaw@aucklandcouncil.govt.nz



The BMX Pump track for Moire Park is due to be completed over the summer months – head up there sometime and check out it's progress.

IN BRIEF

As many as 1500 older adults living in residential care in the Waitemata District Health Board (WDHB) area will fall each year. Evidence shows that vitamin D supplementation can have a key role in preventing these falls in older adults. The WDHB and ACC are working together with the wider health sector and residential care facilities to increase the provision of vitamin D to appropriate residents.

For more information on the programme please contact Anjina Raman, Injury Prevention Consultant at ACC or Tanya Bish at WDHB, or visit the website www.acc.co.nz/vitamin-d

Violence Free Waitakere, ECE Waitakere and Unitec are collaborating on a research project to see just how 'father friendly' the early childhood centres of Waitakere are. Massey has been chosen, with support from the Massey Matters Fund, to have five centres selected to do a fuller study. Leataata O Tupulaga O Le Pasefika, Puawairua Te Kohanga Reo, West Harbour Playcentre, The Little Castle and one of the Kindergartens will be inviting the dads of their centres to fill out a survey on ways that they interact with the centre their child is attending. Once needs have been identified, Violence Free Waitakere will be organising a variety of events for the centres and fathers. This will be a great opportunity to encourage greater participation by the fathers of under fives to get involved! Violence Free Waitakere can be contacted at 8374849 or vfw@xtra.co.nz

Have You Got the 'X-Factor'? Auckland's newest Performing Arts School is seeking talented performers who have the 'X-Factor' in acting, singing or dancing. The school, which is a collaboration between Manukau Institute of Technology (MIT) and South Seas Film and Television Limited, is holding auditions during November and December for its February 2011 intake. David Coddington, Head of the School of Performing Arts at MIT, says "We know there's an abundance of creative talent in Auckland and we're keen to help foster this."

Auditions will be held at MIT's School of Visual Arts, 50 Lovegrove Crescent, Otara. All auditions start at 10am, as follows: Wednesday 10 November, Saturday 27 November, Wednesday 8 December and Saturday 18 December.

For further information on the School of Performing Arts and the audition process visit www.manukau.ac.nz/departments/departments-of-creative-arts/school-of-performing-arts or contact Melanie Himiona on 021 231 7024 or mel@southseas.co.nz



THE NEW AUCKLAND COUNCIL – WHAT IT MEANS FOR YOU

The Auckland Council is a new model of local government for New Zealand – providing effective local and community democracy. The way decisions are made will change however the role of local government remains the same.

The Auckland Council has two decision-making parts – the governing body, consisting of a mayor elected by all Aucklanders with 20 councillors elected on a ward basis, and 21 local boards, with members elected by local board area.

The governing body and the local boards will share the decision-making responsibilities of Auckland Council. The governing body will focus on the big picture and on region-wide strategic decisions while local boards will represent their local communities and make decisions on local issues, activities and facilities.

What you need to know about services:

- The council service centre at 6 Henderson Valley Road remains open.
- Continue to make bill payments to council in the same way you always have; at a service centre, by post or online. In addition you can make payments to Auckland Council at any BNZ or PostShop across the Auckland region.
- Rates are set until July 2011. The new Auckland Council rates will be sent out then.
- Auckland residents can now use their library card all over the region.
- Your rubbish and recycling services remain unchanged at present.
- Watercare are responsible for water services, you can contact them on 442 2222.
- Please continue to report any graffiti and vandalism to the helpdesk number.
- Noise control and enforcement will be managed by Auckland Council, contact the council if you wish to make a complaint.

You can still call 839 0400 for your general enquiries – or try the new number 301 0101 – either number will take you through to the Auckland Council 24-hour helpdesk. For more information visit the website www.aucklandcouncil.govt.nz

JOIN THE MASSEY & BIRDWOOD SETTLERS ASSOCIATION INC

BY JOHN RIDDELL

On the corner of Redhills Road and Don Buck Road is a hall built in 1956, by the Massey & Birdwood Settlers Association, a resident and ratepayers group incorporated in 1925.

The Association was formed by residents and ratepayers to advocate and work on their behalf to local and central government for better resources for the area. One of the first users of the hall was the Massey Indoor Bowling Club which still meets in the hall today.

Over the years the hall has housed the Massey library, the Massey CAB and Plunket. The Lion's Den, one of the hall's side rooms, was the venue for the Massey Community Board in the early 1990's.

Today you can participate in Zumba, Kung Fu, attend Church, play indoor bowls, try line dancing, join a wine club, try cake decorating, attend Redhills Kindy or enjoy housie from the facilities.

If you're interested in becoming involved in local government, you may like to join the Massey & Birdwood Settlers Association, your local resident and ratepayers group for only \$1. Meetings are held on the second Thursday of every month, and you can contact the Secretary, John Riddell, on 833 6972 or by email.



Massey & Birdwood Settlers Assn building, Don Buck Rd

STARS PARTY

BY MAUREEN FULLER

Sticky candy floss covered hands; sizzling sausages; dripping ice creams; buckets full of lollies; children laughing; parents talking; families hanging together; communities bonding – that was the 2010 Stars Party on Sunday 31 October.

An action packed, fun-filled time was had by record crowds this year in what was the 8th annual Stars Party. Two hours jam-packed with a whole lot of fun – with bouncy castles, fire brigade, skateboard ramps, crazy hair ups, food, face painting, balloon animals, arts and crafts, live performances, pony rides, clowns, animal farm yard and a whole lot more. Children showcased their talents on stage where we also saw competitions, lolly scrambles and loads of donated prizes given out.



Each year this event just keeps getting bigger and better. This is a free event put on each year in a combined effort from local Massey churches and supported by Massey Matters. A big thank you to the community and all the families for attending this fun family event and a big shout out to Massey Matters for all the support they have given the event over the years.



HONOURING LEADERSHIP IN OUR COMMUNITY

BY JENNY TANNER

The children from Leataata o Tupulaga o le Pasefika Preschool helped to unveil a plaque in memory of the late Gwen Nash. The plaque commemorates the contributions to community made by Gwen during her political career with Waitakere City Council. In particular, her support for the Samoan preschool was acknowledged and the way she helped to secure a lease for the council land on which the preschool stands.



The ceremony for the late Gwen Nash.

On Saturday 16 October on the banks of the Manutewhau, Mayor Bob Harvey encouraged the children to lift his mayoral robe off the plaque as part of the unveiling ceremony. The robe was sewn by Gwen and Mayor Bob recalled the time she 'fitted him out' as he stood patiently like a 'tailor's dummy'.

There was laughter as well as some quiet tears in recalling many of Gwen's wonderful attributes and strong dedication to her community. In the presence of her son and daughter, speeches were made and prayers were offered. A tree was also planted in her honour by the preschool children.

Other community organisations were established with Gwen's support, such as the Massey Citizens Advice Bureau, Leisure Centre and Library complex. This fact is engraved on her plaque.

TOP 10 TIPS FOR PARENTS

BY EMMA SOLOMAN, PROJECT LEADER, CAYAD

- 1 When your child wants to show you something, stop what you are doing and pay attention to them. It's important to spend frequent, small amounts of time with your child doing what you both enjoy.
- 2 Give your child lots of physical affection - children often like hugs and cuddles.
- 3 Talk to your child about things he/she is interested in and share aspects of your day with your child.
- 4 Give your child lots of descriptive praise when they do something that you would like to see more of, e.g. "Thank you for doing what I asked straight away."
- 5 Children are more likely to misbehave when they are bored so provide lots of engaging indoor and outdoor activities for your child.
- 6 Teach your child new skills by first showing the skill yourself, then giving your child opportunities to learn the new skill.
- 7 Set clear limits on behaviour. Have a family discussion on the rules in your home. Let your child know what the consequences will be if they break the rules.
- 8 If your child misbehaves, stay calm and give them a clear instruction to stop misbehaving and tell them what you would like them to do instead (e.g. "stop fighting; play nicely with each other"). Praise your child if they stop. If they do not stop, follow through with an appropriate consequence.
- 9 Have realistic expectations. All children misbehave at times and it is inevitable that you will have some discipline hassles.
- 10 Look after yourself. It is difficult to be a calm, relaxed parent if you are stressed, anxious, or depressed. Try to find time every week to let yourself unwind or do something that you enjoy.



"I want to break free... I want to break free ... God knows I want to break free."

Rock band Queen first sung these words and millions of people around the world still love singing them today because secretly we have a desire to be 'free' of the things which hold us back or chain us down.

Breakfr3 is happening on Tuesday's at 6pm (during school terms) at the Massey Community Church buildings on 8 Vadam Road (off Royal Road). It's a place for youth to hang out, check out the latest hip hop moves, show off their talent, talk their stuff and feel safe doing it.

An audience of 100 showed up recently to a showcase of talent produced by Breakfr3. Most had never performed on a stage before or used a mike. The word is out! If you are high school age to early twenties, then Breakfr3 is the place for you.

Do you have hurts, habits or hang-ups? Kick butt and BREAKFR3!! Contact Hadz 0211408825 or Libby 021 927 940



Faye Pouesi's journey into counselling began in the 1990's when she enrolled in the Diploma in Counselling at CIT, which she went on to graduate with distinction.

Faye was approached by an Auckland businessman in 2000, he invited her to share her vision about working with women and families who were unable to access counselling for issues concerning violence. He then contributed money over a period of three years to help establish a service that would provide face to face counselling, to low income families and individuals. In addition programmes would be developed to help women exposed to domestic violence.

With the help of the senior pastor at the Massey Community Church and the church community, Westside Counselling Service (WCS) was established.

Faye has worked with the Massey community for 10 years, developing and delivering these programmes. Her personal journey out of violence and abuse, along with 16 years working in west Auckland helps her bring a depth of healing and support needed for victims of violence and abuse.

"I do this work because I believe in the 'community of care' approach," says Faye. "I believe when a community can come together, stand together and work together – its resources are unlimited." This approach provides non-judgemental, healing and restorative support.

In 2008 Faye enrolled in the Masters of Social Practice at Unitec – which she plans to graduate from next year, but her other plans involve our community. "I would love to initiate a project for youth who are not making it in school," says Faye.

For more information about Westside Counselling Service phone 833 3107.

HORSE CLUB ALIGNS WITH YMCA

Auckland Woodhill Endurance Club (AWEC) has combined with YMCA of Auckland Inc to assist with operation of the Woodhill Forest Equestrian Park. "This is an exceptional and exciting arrangement and one in which YMCA is uniquely positioned to have a real impact on the lives of people, families and communities utilising this facility," said AWEC President, Rowena Tyler. "Working together the aim is to deliver the best horse riding experience possible."

Operations of the Park will be under taken by YMCA staff located at the Massey Leisure Centre in Westgate. The team will be led by centre manager Karen Legg, who is an avid horse rider for over 15 years and with a 23 year involvement in sport and recreation. "In this agreement with AWEC, YMCA recognises the importance of recreational horse riding and with the fabulous Woodhill forest allowing a unique experience," says Ms Legg. "There is year round riding on the door step of the fabulous Muriwai beach - a fantastic experience and one which many horse riders cherish."

Initially there will be a focus on marking trails within a newly designated horse riding area, with a wide variety of trail lengths and routes for the adventurous as well as for those needing less challenging tracks. New initiatives include weekend casual visits for those wishing to bring a friend, roaming park rangers on horseback, and qualified first aid staff situated in the car park on weekends and public holidays.

For enquiries on how to join the Woodhill Forest Equestrian Park phone YMCA at Massey Leisure Centre 833 8100 or email WFEP@nzymca.com



BE A HERO JUST BY TALKING

Sometimes even adults get it wrong. Sometimes you can't talk to them. Sometimes adults do things that make children scared and upset. Sometimes they don't know what's right.

You should know it's not up to you to try and fix things yourself. You're not the reason things go wrong. If you feel like adults aren't doing things right – it's okay to speak up.

Important things for you to know:

- It is not your fault when adults behave badly
- It is not your job to make adults stop the bad behaviour
- Your feelings are important
- It really helps to talk about problems or worries
- There are people ready to talk with you
- You are allowed to ask for help
- Someone in the family or whanau or a friend might help.

Or you can call 0800WHATSUP (0800 942 8787) it's open from noon until midnight every day. It's free – even from your mobile. The 0800 Whatsup people understand that children get worried about what adults are doing at home.

Be a hero – talk to someone you can trust.

www.beahero.co.nz



INTRODUCING JULIE DENT

I am Julie Dent, I was born and raised in west Auckland and have lived in Massey for nearly 15 years. My involvement in early childhood education spans 30 years. Recently CORE Education employed me as an Early Years Facilitator. CORE Education successfully tendered for the Ministry of Education

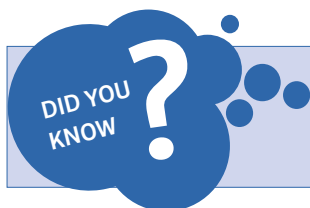
funded, Professional Development contract, and this means that I will be working closely with the early childhood services in the Massey ward.

The Ministry of Education contract is for three years and for those early childhood services in the Massey ward that wish to engage in a Professional Development Programme, it means that there is the opportunity for some in-depth development, that will benefit not only the service and the children but their families and community too.

The focus of the Professional Development Programme will be on literacy and numeracy; transitions; infants and toddlers; developing children's social competence and leadership. Woven throughout will be an emphasis on supporting identity, language and culture.

The first step is to gather information to assess the professional development needs so that we can put together a programme that best suits the early childhood service and the community. To do this I have been contacting and visiting as many centres in the Massey ward as I can. I would also like to reconnect the teachers in these centres with each other and establish a self-sustaining community of learning, or networks.

I can be contacted by email at Julie.dent@core-ed.org or by phone 021 477 403. For further information visit the CORE website at www.core-ed.org/early-years or the Ministry of Education website www.minedu.govt.nz



Construction on a new roundabout at the intersection of Royal Road and Don Buck Road is due for completion in March 2011.




CAB GOES DIGITAL

BY BARBARA GUY

The Citizens Advice Bureau (CAB) has launched a new interactive website, making its database of national and local information available directly to people on the web. Catering for those who would prefer to get their information directly through the internet, the website makes available a wealth of information – one of the most comprehensive of its kind in New Zealand.

Not only is there local community directory information but also information about how the law applies on a range of issues.

This is a big step for CAB in New Zealand and has been a long time in the planning. There are around 40,000 organisations and services on the CAB database, which reflects the detailed knowledge of local CAB throughout the country.

This project has been achieved by partnerships with organisations such as Microsoft – who have given what is one of their largest donations of software licences to any organisation in the world. Paul Muckleston, Managing Director of Microsoft New Zealand, says "Microsoft globally is deeply committed to working in partnership with not-for-profit organisations to help them use technology."

To find information about an issue visit the website www.cab.org.nz Of course, for further information you can call in and see the friendly team at Massey Citizens Advice on the corner of Don Buck Rd and Westgate Drive between 9am and 4.30pm, Monday to Friday. Or they welcome a phone call on 833 5775 or 0800 367 222.



This year, over a thousand native plants have been placed on the fringe of the forest in the Manutewhau Reserve, to help restore the health of the vegetation in the area. Children and adults have volunteered their time to attend one of three planting days during the winter and spring months.

Under the guidance of Gecko Trust and with support from Back 2 Back, the Manutewhau has received another year of restoration work. Thanks to the junior classes from West Harbour Primary, the families from Leataata o Tupulaga Preschool and the residents who have been coming over the last three years to the Mucking-in Days, we have achieved a great range of activities as part of the restoration plan – from taking rubbish out of the stream and walkways, painting out graffiti, installing murals, creating two garden areas and planting many native plants.

The restoration plan is intended to last for five years and is part of a sustainable neighbourhood project. If you have an interest in this part of Massey East's environment, please contact Jenny Tanner, Community Broker on 021 243 9683 or 836 8000.

WEST COAST COMMUNITY RADIO

Ray Mankelow has been operating the low power station on 107.1 FM as Unforgettable Music Massey, from his property on Sunnyvale Road since October 1997 and more recently from the Massey Matters office.

When Ray heard West Coast Radio operating on 87.6 FM out of Massey, he made contact with the operator, Anthony Reilly and found he was interested in using his LPFM station for the Massey community.

"Instead of having to find another suitable spare frequency for a sister station – we had a ready-made station to drop into place," said Ray.

The 'dropping into place' is the challenge they have at present, with plans to site a studio and production suite at the Massey Community House. "The location is great for a Community Station, with all the comings and goings at the House," says Anthony.

Negotiations are underway with various sectors to provide funding, some equipment and support time to enable the work of double glazing, sound proofing, wiring and building a new reception area. The aim is to have a transformed Massey Community House spreading the message with its own radio programme – for the locals, run by locals.

"We'll be getting back to grass roots radio - giving people an alternative that connects people with their community," says Anthony.

The new station will be targeting primarily 25 to 49 year olds with options for targeted special programmes.

The aim is to be serving west Aucklanders with their own radio station, focusing on local news and information from January 2011.

Listen to 87.6 FM, WCR, West Coast Radio.

DID YOU KNOW



Road Road Primary School has achieved the Silver Enviro Award from Auckland Regional Council EnviroSchools. Congratulations to the teachers, parents and students for all their hard work.

SCHOOLS IN FOR MUMS AND DADS

BY JENNY TANNER

While their little ones were learning at the preschool, a group of eleven mums and dads were also 'in class' and learning how to make the food budget stretch for family meals.

Lots of new experiences were had by the group during their ten week project. As one parent said, "this is the first time I have made a pizza".

Being able to find the right kind of food at the supermarket, knowing what ingredients to buy, understanding basic recipes, cooking in ways that help the whole family to learn, were some of the benefits mentioned from the course. "I spend more time in the kitchen now," said one mum. "I am now a better cook."

The biggest difference however, was found in the amount of money spent on food and being able to cook more for less cost. For example, what used to take three packets of mince, noted one parent, now took only one, as she had learnt more about adding ingredients to make a healthy and nutritious meal.

The group paid special tribute to their tutor, Erena, and gave her home-made gifts from the Pacific at the end of the course. Erena remarked, "I have received double in return, in working with this delightful group of parents."

This project was part of an extended adult education programme supported by Back 2 Back.



Making a pizza base, a first for some of the students.

CHILDREN GET CREATIVE



After having our flax garden thinned out the children discovered lots of previously hidden little pathways and trails. They loved wandering through them and using them to tell stories and play imaginary games in. To extend this experience, the teachers and children made a plan to make this pathway into an Enchanted Garden area.

The children decided they wanted more in this area and asked for a small house to be added. We wondered how this could happen but with the help of Placemakers, who supplied us with timber at a discounted price, and Creative Acrylic Products who donated the windows, the children began building their own playhouse.

We now have a house, positioned on its own deck next to the vegetable garden in the area. On sunny days the tables, chairs and sun umbrellas are setup in this area, along with the tea set and water. The most amazing tea parties are now taking place.

With so many wonderful additions to the area, the children's imaginations have run riot. We are all so proud of our special new enchanted garden area.



The children helping with the building of their Enchanted Garden house.

COUNCIL APPROVAL FOR PEDESTRIANS AND CYCLISTS AT WESTGATE

BY KEVIN WRIGHT

Waitakere City Council has approved a pedestrian and cycle bridge across the Northwestern motorway at Westgate. A preliminary design report on different bridge options was considered and the

Infrastructure and Works Committee endorsed the option of a wave bridge connecting Lendich Reserve, at Oriel Ave and the Westgate Wetlands, at Westgate Drive.

This will improve access to and from Westgate and would provide an important link to the proposed cycleway along the Northwestern motorway which will end at the wetlands.

Waitakere City Council and New Zealand Transport Agency have been working together in the evaluation of options and have worked out a basis for sharing the costs of this project. The project is at the stage where it can proceed to detailed design. The community will be

invited to comment on aspects of the design as part of the detailed design process.

In 2007 public consultation established broad support for installation of high security fencing, and blocking off the culvert; a pedestrian foot bridge and cycling facilities; and a road bridge. The culvert has been blocked off and fencing has restricted the ability of people to cross the motorway lanes.

The Westgate pedestrian and cycle bridge is a project which requires continued cooperation between the new Auckland Transport and New Zealand Transport Agency and the community.

MASSEY EVENTS CALENDAR DEC 2010 - FEB 2011

EVERY WEEK

Mondays

WRIGGLE AND RHYME

For birth – 2years. 9.30am – 10am.
Massey Library, Corner Don Buck Rd and Westgate Dr.

PIPPINS & BROWNIES

Pippins 3.30pm–4.30pm, Brownies 4.30pm–6pm. Church of the Good Shepherd, 6 Moire Rd.

Tuesdays

MASSEY SENIOR CITIZENS

(55+) Play bowls, housie etc. 10am–1.30pm, Rugby Club Granville Rd. Contact Dawn or Robert ph 833 7555.

LAUGHTER YOGA 1.30 – 2.30pm.

Massey Leisure Centre, Don Buck Room. Cost is a gold coin. Contact Louise on ph 444 7247 or 027 475 3734.
www.laughterempowers.co.nz

Wednesdays

MASSEY JOGGERS AND WALKERS

6pm at 53 Granville Dr. Ph Kim 416 7700 or Shena 412 8076.

PRE-SCHOOL STORY TIME

(During term time). Songs, rhymes, lots of fun. 10.30am and 2pm (30-40 minutes). Massey Library.

SERVICE OF HOLY COMMUNION

10am. Church of the Good Shepherd, 6 Moire Rd. All welcome. ph 832 5998.

PLAYGROUP Also runs every

Thursday and Friday. 9am–noon. Leataata O Tupulaga O Le Pasefika Hall, Moire Rd. \$10 for all three sessions. Ph Leata 832 3616.

Thursdays

SELWYN CENTRE Fun and

Friendship for Older Adults. 9am–12noon. Church of the Good Shepherd, 6 Moire Rd. Cover fee of \$2. Ph Tarina on 832 5998.

Sundays

MASSEY JOGGERS AND WALKERS

8am at 53 Granville Dr. Ph Kim 416 7700 or Shena 412 8076.

EVERY MONTH

Second Thursday

MASSEY & BIRDWOOD SETTLERS ASSOCIATION MEETING

Cnr Redhills Rd and Don Buck Rd. Contact John Riddell, secretary, ph 833 6972, email: masseybirdwood@gmail.com

DECEMBER 2010

Tue 2 & Tue 16

COMMUNITY MARKET Massey Community House, 385 Don Buck Rd. 4-7pm. \$5 for carboot or inside table. Free entry for shoppers. ph 833 9220.

Sun 19 BOREDOM BUSTERS

Church of the Good Shepherd, 6 Moire Rd. 10am-4pm. Christmas crafts and activities for primary school aged children (Yr1 - Yr6). FREE – bring your own lunch – morning and afternoon tea provided. Registration essential – limited numbers. ph 832 5998.

www.masseyanglican.org.nz

Fri 24 HOLY COMMUNION BY CANDLELIGHT

Church of the Good Shepherd, 6 Moire Rd. 11pm. ph 832 5998. www.masseyanglican.org.nz

Sat 25 FAMILY HOLY COMMUNION

Church of the Good Shepherd, 6 Moire Rd. 10am. ph 832 5998. www.masseyanglican.org.nz

JANUARY 2011

Fri 28 COMMUNITY MARKET

Massey Community House, 385 Don Buck Rd. 4-7pm. \$5 for carboot or inside table. Free entry for shoppers. ph 833 9220.

TRIANGLE PARK TWILIGHT COMMUNITY EVENT

With police and Neighbourhood Support. Contact Sam ph: 834 5815.

FEBRUARY 2011

Fri 11 & Fri 25

COMMUNITY MARKET Massey Community House, 385 Don Buck Rd. 4-7pm. \$5 for carboot or inside table. Free entry for shoppers. ph 833 9220.

Mon 14, 21 & 28

CAP MONEY COURSE

Church of the Good Shepherd, 6 Moire Rd. A simple money management course. Free of charge. For information ph 832 5998. www.masseyanglican.org.nz

MARCH 2011

Fri 11 & Fri 25

COMMUNITY MARKET Massey Community House, 385 Don Buck Rd. 4-7pm. \$5 for carboot or inside table. Free entry for shoppers. ph 833 9220.

Sat 26 TE RAA MOKOPUNA

Family fun day out. Lots of FREE activities for every member of the family.

MASSEY CITIZENS ADVICE BUREAU

Massey Leisure Centre, Corner Don Buck Rd and Westgate Drive. Ph 833 5775. www.cab.org.nz
Open weekdays 9am–4.30pm

FREE BUDGETING SERVICES

By appointment.

FREE LEGAL SERVICES

Wednesday lunchtime, by appointment.

FREE COUNSELLING SERVICES

Tuesday and Friday morning by appointment.

JUSTICE OF THE PEACE SERVICES

Every weekday, 1-3pm. No appointment needed.

INLAND REVENUE ONSITE

First Thursday of the month, 10am-12noon.

SETTLEMENT SUPPORT SERVICES

For new New Zealanders, by appointment.

MASSEY COMMUNITY HOUSE

385 Don Buck Road, phone 833 9220 or email masseyhs@clear.net.nz

LEARNERS' LICENCE COURSE

Starts Wednesday 23 February, 7pm-9pm. \$50 for six weeks. Will prepare students for the theory section of the learners' licence. This course will run again in May.

TANIKO

Starts Monday 21 Feb, 10am-12noon. \$80 for six weeks. Students learn traditional Maori fine weaving using modern materials.

TAI CHI FOR HEALTH

Wednesdays during term time, 2pm. \$65 per term or \$7 per session. Promotes relaxation, good posture and breathing.

JAMS, PICKLES AND PRESERVES

Begins Monday 28 February. \$40 for three weeks, includes ingredients. Hand-on classes.

two sparrows.co.nz

GRAPHIC DESIGN WEB DESIGN PROOFREADING

021 211 8758 imelda@twosparrows.co.nz

ADVERTISING RATES 2010



SMALL	90mm x 60mm	\$60 + GST
LARGE	90mm x 110mm	\$110 + GST
1/4 PAGE	125mm x 150mm	\$210 + GST

Massey Matters has a print run of 10,000 copies and is produced four times a year. Please contact Linda Shaw on phone: 832 0431 or email: Linda.Shaw@waitakere.govt.nz for more information.

