



NEWS OUT WEST

September 2009

The Settlement Support Waitakere Newsletter



Sook Ryu

Jae Won Chung

Familiar face for NOW members!

ECTV Korea - on Triangle TV

ECTV Korea aims to enhance Korean community's wellbeing in Aotearoa New Zealand, our nation. Providing useful information regarding NZ system such as law, social services, education, immigration, police, IRD, health system, WINZ, employment etc. As well as updated news in Korean community around NZ. This culturally appropriate TV programme in Korean language, community could access NZ information easily and break language barrier to access mainstream information. Also encouraging community communication through TV, this nation wide free TV programme would be a great tool for Korean migrants across the country. Government agency, NGO and other social service providers could get an effective channel for their service promotion therefore community could get a lot of resources from the programme. By advocating Korean cultural value, their family and our community, people can be proud of their culture and celebrate being as Korean.

Sunday 1:30-2pm and Monday 7-7:30am on CH6, also Wednesday 4-4:30pm on CH89 Sky TV. New programme will be broadcasted fortnightly. Contact ectvkorea@gmail.com for more details.

Celebrate "Gamble Free Day" 1st September

Pokie spending dropped nearly 10% for the first quarter of this year according to the Department of Internal Affairs. However, spending was still over \$200 million for the quarter and last year expenditure rose in the second and third quarter which indicates that there may be a seasonal component to the drop.



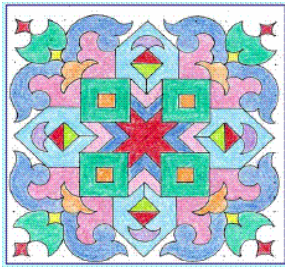
"Gabling related problem is still huge in ethnic community especially Asian community." *Raymond Wong*, Asian liaison officer from Waitemata Police. "Gambling causes financial strain in a family which may lead to the domestic violence and other issues." Problem Gambling Foundation New Zealand offers services for people with gambling problems. With a support from local businesses, they are celebrating "Gamble Free Day" on 1st September to offer 10% discount from participated restaurants by producing coupon (picture above). You can cut off from here or download coupon and list of participated restaurant from www.pgfnz.co.nz/gamble-free.htm Information available in English, Chinese and Korean.

Dad4Life: Focus on Fathering Week

-August 31 – September 6

Building on the last two years successful events, Waitakere City is getting ready for another potent Focus on Fathering Week 2009. Fathering Week fun will include a weeklong photographic display of children's images of fathering, evening forums for Pacific fathers, new dads, No Sweat Parenting Seminar with *Pio Te Rei* also most events will have free health checks alongside them for dads to ensure that their health is in good nick too! For more details, log on to www.dad4life.co.nz or you can call Violence Free Waitakere on 837 4849.





Rangoli Competition
- entry for 2009 is open

Waitakere Library & Information Services has once again announced its popular Rangoli Colouring-in Competition for children aged 5 to 12. There are lots of prizes to be won from each library branch in each category. There is a great prize for each age group which will be awarded to the winners at the Waitakere Diwali Festival to be held at the Trusts Stadium on 4th October. You will need to be a member of Waitakere Libraries.

Competition rules and entry forms, www.waitakere.govt.nz/cnlser/libs/multicultural.asp.



In addition to books in over 40 languages, library's Multicultural & Migrant Services has brochures translated in ten different languages,

Hindi, Samoan, Korean, Tongan, Chinese, Kurdish, Japanese, Burmese, Arabic and French. Brochures are available from *Brendon*, Migrant Information Coordinator or *Shivangi*, Multicultural Services Advisor. Also will soon be on the website (see above)



Cheap Eats for the Heart
-Free e-Cook book

What we eat does matter! All New Zealanders could benefit from eating a little healthier. The Heart Foundation wants to support you to do this by ensuring access to a range of health promoting programmes, projects and educational resources. You can download "e-cookbook" from www.nhf.org.nz/index.asp?pageID=2145826314 for healthy food choice the easy choice. There is more information about food and nutrition on their website.

Independent Mother's Support Group

- Formally "Single Mother's Support Group" They changed their name to "Independent Mother" instead of "Single Mother". Independent fits better to their purpose and aims. Mother's meeting is on "4th Wednesday in each month". Any nationality is welcome. Contact *Rose* on 834 6668 or email nzess@xtra.co.nz for more details.



Relocation, relocation, relocation...

CAB Language Link

CAB language link has moved from ARMS into premises directly across the road. New address is 521d Mt Albert Rd, Three Kings, Auckland. Extension number for different languages remained but phone number has been changed to 624 2550 for the Auckland region and 0800 78 88 77 for national. Email your enquiry for any of the 26 languages to language@cab.org.nz



Settlement Support Update

As I promised in the NOW meeting, I'm working on the project to design brochure for "Independent Mother's Support Group". Hopefully I can give this group a good start, with NOW member's support, of course! Thank you for *Monica Sharma*, Community Wellbeing in WCC for BOOST into NOW meeting (you will see what boost when you attend...). Vote at the last NOW meeting, all attendees preferred monthly meeting which I accept as "well received" Local Settlement Network (LSN) meeting for Settlement Support, even LSN meeting is not required to be monthly by DOL contract, I'll continue. (again, with your support!)

Story from NZ School of Education



Sport is a great way to feel part of the community. NZ School of Education (NZSE) has entered a staff and student team into Round the Bays for the last two

years. In June 2009 the *NZSE Super Kings*, an indoor cricket team, were formed to compete in the Auckland Indian Sport League cricket tournament. This is the first time the school has competed in the tournament and it is hoped it will be an exciting event the whole school can support.



NZSE's close location to New Lynn CAB means that students are able to use Settlement Support easily. *Ayumi* has met with students to talk about how she can help them in their settlement journeys. Grads are working for Internet Service Providers, on IT helpdesk, IT sales and service.

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