

NEWS OUT WEST

The New Out West Newsletter September 2008



歡迎, Bienvenido, স্বাগতম, Soo dhawoow, 환영합니다., Доброжаилобаем,

Chào Mừng, Khosh Amadid, Murakoze, Talofa lava, Malo ele lei, Ni hau, Namaste,

on Fathering Week 2008 1st ~ 7th September

Building on last year's successful events, Waitakere City has really ramped up the ante with Focus on Fathering Week 2008. This year's celebration, coordinated by Violence Free Waitakere and the Waitakere City Council opens with a supper at the Civic Centre on Monday the 1st Sep, includes free resources displays at West City Mall, seminars and Health Checks, all ending with the **Fathers Day picnic**, from 9-2:30 at the Tui Glen Reserve on Sunday the 7th.

Fathering Weeks fun will include a weeklong photographic display in the West City Mall plus midweek evening forums. Settlement Support is contributing to "Fathering in a New Land" by Playback Theatre at Corbans Estate on 6th Saturday. It will be great opportunity to share stories, challenges from newly settled communities. The supper event, to be hosted by Mayor and one-time fathering book author Bob Harvey; will include acapela singers, entertainers and guest speakers Pio Terei, Cindy Kiro, and Alfred Ngaro.

Call 837 4849 to confirm your attendance for supper event, be quick as places are limited.

For more information and event schedule, see www.dad4life.com or www.waitakere.govt.nz – search for fathers!

Citizens Advice Bureau – Volunteers wanted !

If you're interested and want to find out more, visit your nearest CAB and speak to the Manager or call 0800 367 222. Next training starts October 14th.



New Lynn Festival of Cultures Trust

Diversity of Cultures Unity Celebration Saturday 30 August

New Lynn Festival of Cultures Trust is hosting a day of festivities to celebrate Diversity of Cultures Unity. This annual event attracted thousand of interested spectators. Event at New Lynn Community Centre, 10am to 3pm.



Diabetes Seminar For Chinese

Waitemata Health Board (ADHB) Asian Health provide Nutrition & Diabetes seminar for Chinese. Ms. Kai Hong Tan, Public Health Nutritionist will facilitate seminar and talks about relation between diet and diabetes. Diabetes is one of highest health issue in Chinese community. Seminar is free.

Date: 11 September Time: 10am to 12 noon

Venue: Manuka Room, Waitakere Hospital (55-75 Lincoln Rd Henderson)

RSVP to: grace.ryu@waitematadhb.govt.nz



Motherhood and women experiencing disability

Women with impairment experience disability in many aspects of life. A stigma still exists towards them becoming mothers with these women sometimes being regarded as asexual and not capable of being mothers. Such attitudes may influence the quality and appropriateness of care and support provided by health professionals. To explore this area, team of researchers are undertaking a study to identify and explore, from a woman's perspective, the experiences of considering motherhood, the factors and people who influenced women's decisions around whether or not to become a mother, and for those who decided to pursue motherhood, to experiences during pregnancy, birth and early childcare. AUT University is looking for:

Women aged 18 to 45 years who live with a Physical or sensory impairment, AND

In the last five years, have experienced pregnancy, birth and motherhood, OR have not pursued motherhood for whatever reason (including having had the choice taken away from you)

If you would like to take part in our study or if you would like to find out more about it, please contact one of our team members.

Bernadette Guerin; 921 9731 / bguerin@aut.ac.nz

Dr Debbie Payne; 921 9999 ext 7112 / dpayne@aut.ac.nz

To be on the mailing list or to contribute to NEWS OUT WEST email ssnzwaitakere@waitakere.govt.nz



Petrol vouchers for volunteers programme

BP NZ has donating thousands of fuel vouchers to volunteer organisations that use vehicles in light of the huge rise in fuel prices. BP are looking for an opportunity to have this initiative promoted by spreading the word to any registered charity or volunteer organisation that relies on voluntary assistance and uses vehicles is eligible. I'm sure you know of several eligible organisations that may benefit these vouchers.

However, the programme is not open to sports, environmental groups or political organisations. If you know of any organisations who may be eligible, then tell them to go www.bp.co.nz and apply on-line. Application close **31st August** and recipients will be notified by email towards the end of September.

IRD Seminar (Monthly)

Free Business workshop by IRD officer covers everything you need to know about start your own business! Last Tuesday in each month at **NZESS; 56A Covil Ave, Te Atatu South.**

Next workshop: **29th September 10am to 12pm**

For more information, email to nzess@xtra.co.nz or call 834 6668



STORYFEST 2008

On the move –
journeys great and
small



Waitakere City Council is organising a family fun day. This is a free event with storytelling, performances, workshops, mural art and entertainment. Travellers' tales of pioneers, passengers, pilgrim, pirates, Nomads, gypsies, explorers and discoverers!

Settlement Support is supporting this event on the day. There will be a workshop for "Ethnic Calligraphy" where children can get their name-card in Ethnic writing. This is a great way to promote the culture and encourage awareness from children of other languages.

Date; **27 September (Sat) 10am – 4pm**

Venue; **Kelston Community Centre** (cnr Great Nth Rd and Awaroa Rd, Kelston)



Settlement Support Advertisement board is up!

Have you been to Progressive Supermarkets recently? Settlement Support Waitakere has a two year contract to place our advertisement on their notice board. Locations are; Foodtown (Kelston, Te Atatu South), Countdown (Westcity, Westgate), Woolworth (Royal Heights, Te Atatu Pen), Also our new flyer is in the dispenser pocket on the board. If you want some of these flyers to your service, please let us know.

Email; ssnzwaitakere@waitakere.govt.nz



Is your service listing in Webhealth?

Webhealth is a website to connect people to Health and Social Service Providers.

It is free to register and free for anyone to access the information available on *Webhealth*. You will have access to your details with a unique identification code so that you can edit as you wish and easy to complete the online registration form. Thanks to Rochelle Allport from Raeburn House (North Shore) who has been attending NOW meeting is also a Waitakere Community Development Worker, invites providers in Waitakere to register their services so that more people in the West will have the opportunity to learn about your service. For further information and to register your details, visit www.webhealth.co.nz

Waitakere Refugee Wellbeing

Jenny Janif (Ministry of Social Development) organised and conducted the formation of a new working group for Refugees in Waitakere City. Representatives are from NGOs, Community groups, Ethnic leaders, who are refugees or providing services to the refugee community. Also local and central government agencies (Waitakere City Council, Settlement Support, Auckland District Health Board, and Ministry of Social Development) are members of this group. The purpose for this group is, to fill the gap between providers / agencies and to develop direct connection to refugee families in Waitakere. First meeting held at the Council Chambers was successful and the next meeting will be on **15th Oct.** If you are interested in this meeting, please contact Jenny directly on 916 1836 or jenny.janif001@msd.govt.nz



In 2004, the 1st day of September was proposed as the national day of action against gambling harm and "Gamble Free Day" was launched. This happened because during the past couple of decades, New Zealand's gambling industry has grown rapidly and this has caused considerable damage to individuals, families and our communities.

Did you know?

- Everyday, NZ\$5.5 million is lost on gambling
- There are 14 conviction relating to gambling everyday
- Among those who seek help, the average amount of money lost from Asian clients is 7 times that of other ethnic clients



Go to www.pgfnz.co.nz and print out discount coupon (see picture). Coupon can be used in 137 participating restaurants in the five major cities in New Zealand on 1st September. More information, other activities on this day and list of restaurants are in the website.

We encourage people to spend their time and money on family / friend's gathering instead of gambling. Enjoy a happy meal on Gamble Free Day!