

WAITAKERE CITY DRUG AND ALCOHOL SERVICES

Providing:



Treatment

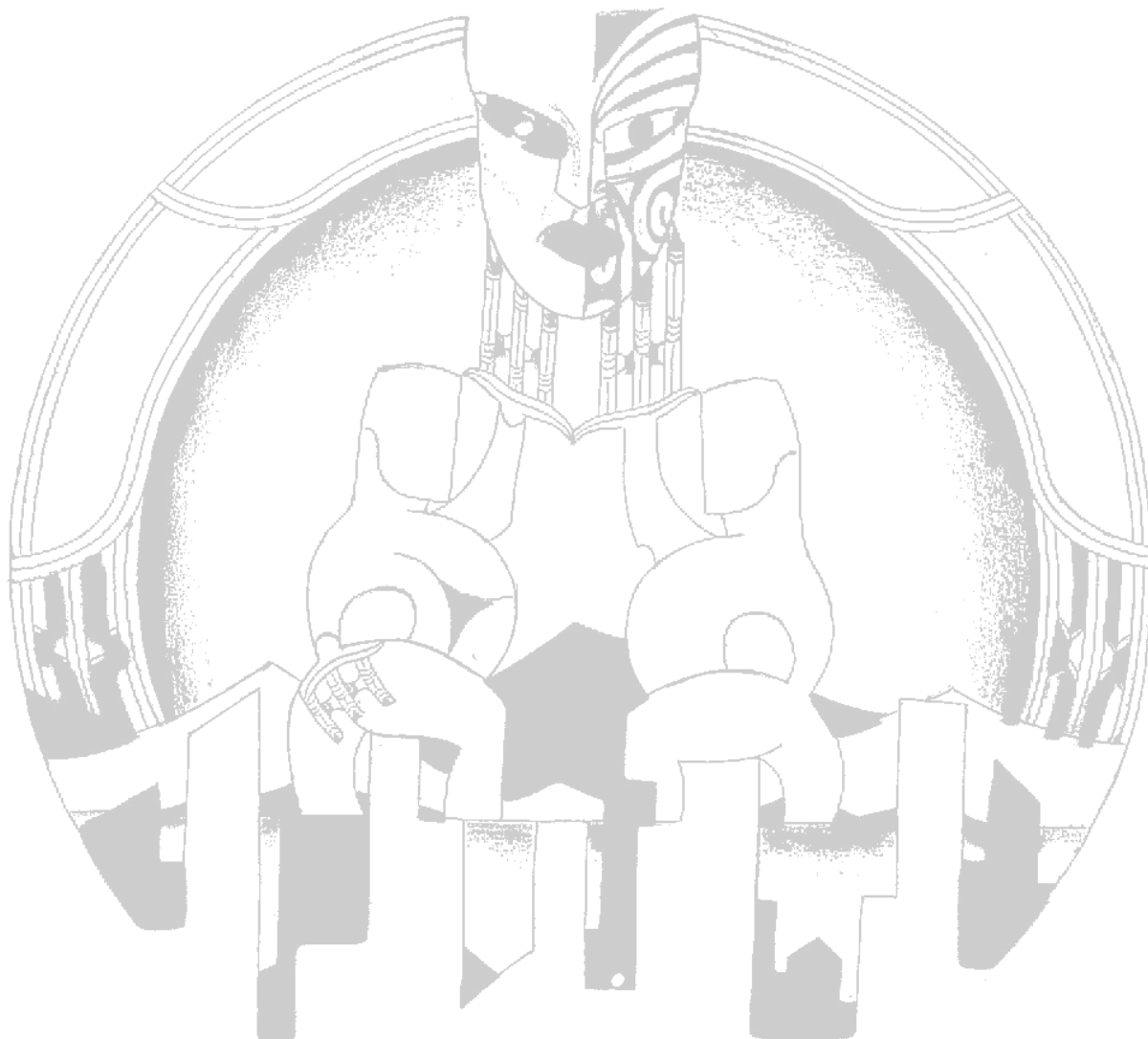
Support

Education or Training

in the area of drug and alcohol misuse to Waitakere City

6th Edition

Updated May 2007



Waitakere City Drug and Alcohol Services
Providing treatment, support, education or training
in the area of Drug and Alcohol Misuse to Waitakere City

For changes contact:
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DRUG AND ALCOHOL SERVICE PROVIDERS

Providing treatment, support, education or training in the area of Drug and Alcohol misuse to Waitakere City.

WHERE POSSIBLE, NAMED CONTACTS ARE GIVEN.

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AA - ALCOHOLICS ANONYMOUS

KEY CONTACT:

Auckland Service Centre 2 Mayoral Dr PO Box 5373 Wellesley St AUCKLAND	Ph: (09) 366 6688 Fax: (09) 373 4679 E-mail: aa-auckland@xtra.co.nz Website: www.aa-auckland.org.nz All Auckland meetings listed, and our program explained.
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0800 AA Works - 0800 229 6757

SERVICES PROVIDED:

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, that they may solve their common problem and help others to recover from alcoholism.

AL-ANON & ALATEEN

KEY CONTACT:

PO Box 4563 AUCKLAND	Ph: (09) 379 4871
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SERVICES PROVIDED:

Al-Anon

Support groups, based on the 12 step programme, held throughout Auckland to help the family and friends of alcoholics. The West Auckland branch meets every Monday (except Public Holidays) at St Michaels Anglican Church, 425 Great North Rd, Henderson from 10am to 11.30am.

Alateen

Support groups, based on the 12 step recovery programme, held throughout Auckland to work with teenagers.

ADA – ALCOHOL DRUG ASSOCIATION

KEY CONTACT:

Cate Kearney Manager PO Box 13 496 CHRISTCHURCH	Ph: (03) 379 8626 E-mail: ada@adanz.org.nz Alcohol & Drug Helpline Helpline No: 0800 787 797 www.adanz.org.nz
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SERVICES PROVIDED:

The Alcohol & Drug Helpline. **0800 787 797**
Confidential information, advice and referral services for people with questions about their own or someone else's drinking or drug use. Caller can access brief interventions while those needing ongoing counselling are referred to appropriate local services. The lines are open 10am – 10pm daily except for Christmas Day and Boxing Day. A national service of the Alcohol Drug Association New Zealand.

Other ADA Services:

'Connections' Newsletter. Bi-monthly publication on issues that affect the alcohol and drug sector with a focus on Canterbury and South Island. Circulation is 2,400.

Coordination and information dissemination through forums such as LOAD (Liaison on Alcohol And Drugs). Meetings are held every three months in seven South Island Centres.

Consumer Advisors. Two Consumer Advisors for the South Island are situated at ADA. Their role is to work with the South Island service providers and consumers of services to support the implementation of Standard 9, National Mental Health Standards.

ALTERED HIGH

KEY CONTACT:

Sharon Lynds. Clinical Team Leader Altered High Youth Team Level 2 409 New North Road Kingsland AUCKLAND	Ph: (09) 845 1844 E-mail Sharon.Lynds@WaitemataDHB.govt.nz. Duty Service (09) 845 1893 CADS Regional (09 845 1818)
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SERVICES PROVIDED:

- We are a team of health professionals working to support young people aged 13 and up to 20 years who have concerns about their own, or someone else's alcohol and other drug use
- We are a Regional service that covers Auckland, Counties/Manukau & Waitemata DHB's (the Greater Auckland Region from Te Hana –Tuakau).
- We provide free one to one counselling for young people which can include family involvement
- We are a mobile team and able to travel to see the young people in a place that is suitable for them e.g. CADS units, schools, community rooms or at home as appropriate
- We work closely with/or in consultation with any other agencies that may be involved in the young person's life

Cultural Services for Young People

Cultural Services are also available to young people by phoning CADS on 09 845-1818

How do you access our service?

If the person you are concerned about is keen to talk to us, or you would like more information about our service simply make a call to our duty clinician Ph (09) 845 1844 or (09) 845 1818

ANGELCARE CHARITABLE TRUST

KEY CONTACT:

Founding Trustee: Matt Bowden 021 772 323	P Helpline (24 hour) – 0800 743 575 0800 ANGELCARE (0800 264 352) 0800 P HELPLINE Fax: (09) 478 9472 Web: www.angelcare.org.nz
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SERVICES PROVIDED:

We are a non-profit community based charity which has risen up to provide **Harm Minimisation** services within the **Dance** community in response to **Club Health** issues, formed by the families and friends of club drug casualties.

Training: We take volunteers from within the **Dance Community** and train them in **Harm Minimisation** from **Emergency First Aid, Drug Counselling, Drug facts and effects, club health, sexual health** and send them to dance parties to watch over the crowd and intervene with any at risk patrons.

Event Care: The interventions services they provide are first aid, drug counselling, drug education and monitoring probable date rape situations.

Education: We develop and provide up to date drug educational material. We network with other **club health** providers around the world to maintain up to date resources for training. We are developing **safer partying** information for publication and running educational drug harm minimisation radio messages.

Research: Our teams of **Angels** are equipped at parties to survey patrons and collate accurate information on drug usage patterns and related issues and provide this to universities/Ministry of Health Office.

0800 P Helpline: We run the country's only 24 hour drug helpline. Callers can talk to a live operator 24 hours, and have access to psychologists who specialise in P.

Help Chat: We are building a website with secure chat rooms with confidential access to drug counsellors without having to use the telephone.

Therapeutic Community: As we induct drug users into our training programs to learn safer drug practices, they form peer group teams who are able to keep watch over each other. We are doing this in Auckland and Wellington and plan to set up in Christchurch also.

Chill Zones: We are fundraising towards setting up retreats/rehabilitation centres for members of the dance community.

AUCKLAND REGIONAL PUBLIC HEALTH SERVICES

KEY CONTACT:

Kerry Price Co-ordinator 22 Moselle Ave PO Box 21 949 Henderson AUCKLAND	Ph: (09) 6234600 kerryp@adhb.govt.nz
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SERVICES PROVIDED:

Auckland Regional Public Health Services are funded by MOH to work towards the following objectives:

- To reduce social supply of alcohol to young people U18.
- To reduce access to off license purchases by young people U18.
- To reduce on-licensed intoxication of people U25.
- To reduce drinking and intoxication in public places.
- To challenge the marketing of alcohol to young people in a way that contributes to changing the existing social norms of alcohol use.

This is addressed through host responsibility, inter-sectoral activity. Maori/Pacific focused initiatives as well as promoting and enforcing the Sale of Liquor Act 1989.

BRIDGE PROGRAMME (The Salvation Army)

KEY CONTACT:

Bridge Programme West Auckland. Coordinator: Justyn Snowden 17 James Laurie Street Glendene Waitakere City	Ph: (09) 835 4690 Fax: (09) 835 4690 E: wkbridge@xtra.co.nz
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SERVICES PROVIDED:

There are seven Bridge Programmes throughout New Zealand. The Bridge Programme in Waitakere City provides 12 beds at any one time for the treatment of adults with moderate to severe dependence on alcohol and/or other drugs. The Bridge Programme uses a model of treatment which integrates four key elements: Partnership; The Community Reinforcement Approach; The 12 step recovery journey and The Salvation Army.

The Bridge Programme also offers an outreach service to those who have safe accommodation in the community. The outreach service is provided by the **Continuing Care Unit**. The groups include Relapse Prevention, Follow Up, Recovery and Change, Social Skills Training, Gender as well as Healthy Anger and a Social Group. In the future a Significant Others Group is to commence. One to One, Family and Couple counselling, and Support Housing (2 Male – 8 beds each & 1 Female – 6 beds) are also provided.

CADS WEST (COMMUNITY ALCOHOL AND DRUGS SERVICE)

KEY CONTACT:

Unit Manager PO Box 21 343 1 st Floor, 1 Trading Pl Henderson AUCKLAND	Ph: (09) 837 9400
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SERVICES PROVIDED:

CADS is a free service, funded through the Waitemata District Health Board, to people that are concerned about their own or someone else's alcohol and/or other drug use. CADS can also offer referrals to services that are relevant to the age or cultural of a person, these include;

- Counselling service
- Maori Counselling service (Te Atea Marino)
- Pacific Counselling service (Tupu)
- Methadone Service
- Medical Detoxification Service
- Youth Service (Altered High)
- Gay & Lesbian Counselling Service
- Pregnancy & Parental Service
- Dual Diagnosis Service
- Consultation, liaison and support to community and /or other professional services
- CADSonline Family and Friends Group: online support group. For referral call CADS 845 1818.
- CADS 65+: is for people 65 years and over. Just call CADS 845 1818

CARE NZ

KEY CONTACT:

Sharon Summers (Manager) Stephanie Thorley (Administration Office) CARE NZ 1 st Floor 32 Station Road PO Box 22489 Otahuhu	Ph: (09) 276 7193 Fax: (09) 276 2063 E-mail: Auckland@carenz.co.nz www.carenz.co.nz
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SERVICES PROVIDED

We provide Alcohol and Other Drugs Treatment on an outpatient basis, Monday to Friday. This includes:

- Assessment
- Treatment Planning
- Counselling (Individual and Family)
- Education
- Group Therapy
- LTNZ Assessments

We also provide reports when necessary.

COMMUNITY INTERVENTION & TRAINING TEAM
(Auckland Regional Alcohol & Drug Services Centre)

KEY CONTACT:

Pitman House 50 Carrington Road Pt Chevalier AUCKLAND	Ph: (09) 815 5830 Fax: (09) 815 5851
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SERVICES PROVIDED:

Providing alcohol and drug information, education, training and support to communities, schools, organizations and people in the 'helping' sectors. Our approach is focused on reducing harm caused by substance abuse.

All services are free of charge.

Modules consist of:

- Skills Training;
 1. Facts & Effects
 2. Identification & Screening of A&D Use
 3. Brief Intervention Skills
 4. Motivational Interviewing
- Post Training follow-up
- Education

DRUG FREE AMBASSADORS (NZ) INC

KEY CONTACT:

Mo McLeary PO Box 104 099 Lincoln North AUCKLAND	www.drugfree.co.nz info@drugfree.co.nz
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SERVICES PROVIDED:

Primary purpose is to educate children about the effects of drugs. This is done by way of sharing information with kids and then asking them if they want to make a pledge to be drug free. They can in turn share this information with their friends and family. We have been doing this at public/community events such as sports days, swimming pool open days for the last three years. We have signed up approximately 2000 kids in this time.

We now have a local GP, who is available for school talks, should anyone be interested. This could also be done at groups such as scouts, guides, sports clubs, etc. We are a voluntary group so if anyone is interested in helping out please contact Mo McLeary at the above address.

Any information booklets can be requested by mail to the above PO Box.

FADE - FOUNDATION FOR ALCOHOL AND DRUG EDUCATION

KEY CONTACT:

Colin Bramfitt Executive Director 9 Anzac Street PO Box 331 505 Takapuna AUCKLAND	Ph: (09) 489 1719 E-mail: colin@fade.org.nz
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SERVICES PROVIDED:

FADE is an Education and Training Resource agency.

FADE provides workshops for education and training purposes to professionals, corporations and communities. A workshop on 'P' for example will cost \$295 + GST, but this could involve a large community group.

FADE provides resource development and provision. They are constantly updating their resources so as to remain relevant to current trends of substance use. A recent resource, written by Colin Bramfitt, is "Breaking the Ice" and has been a popular resource used by groups working in the area of P use.

FADE's other area of service provision is in Health and Safety in the workplace. They publish a newsletter and do promotional work around health and safety. They also have a comprehensive computer network, linked to parents, business, schools etc., so as to ensure people are kept informed about new resources which are relevant to their area of concern.

HIGHER GROUND

KEY CONTACT:

Stuart Anderson – Programme Director P.O. Box 45 192 Te Atatu Peninsula Waitakere 0610	Ph: 09 834 0017 Fax 09 834 0018 Mobile 027 271 2783 E-mail hqdr@xtra.co.nz
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SERVICES PROVIDED:

Higher Ground was established in January 1984 and has been providing high quality residential treatment services in New Zealand, based on the 12 Step programme.

Higher Ground is a highly respected residential treatment programme within the health sector and has consistently exceeded the accreditation requirements of the New Zealand Standards for Alcohol and Drug Services which are assessed by annual independent audit. Higher Ground operates through performance based contracts with four District Health Boards: Northland, Waitemata, Auckland, and Counties-Manukau.

The programme is voluntary. Clients undergo a comprehensive pre-admission assessment. Those that are accepted make a commitment to attend the full 18 weeks. Clients enter a very structured and intensive programme, which involves individual and

group counselling. Most counselling occurs within specifically designed groups. All clients have an assigned Case Manager / Counsellor.

The current residential programme operates in Te Atatu Peninsula, Waitakere City and provides an 18-week residential treatment programme for up to 40 clients. It is an adult programme; clients are 20 years of age and older and need to be highly motivated to change. The programme is abstinence based, wherein both the people attending and the programme environment are 'alcohol and other drug free'. On the day of admission the client is alcohol and other drug free and remains so throughout the programme.

The majority of work is group work, but Higher Ground also has the following range of groups:

- **Open Group** – Process orientated group
- **Settling Group** – Assertiveness training group
- **Education Group** – Covers all aspects of addiction and early recovery issues
- **Commitment Group** – Residents read out written assignments they have received as part of addressing their specific issues
- **Exercise Group** – To improve physical well being
- **Acknowledgment Group** – Residents conduct a self-assessment based on specific group criteria, then receive feedback from peers on their self-assessment
- **Maori Group** – (Optional) To reconnect cultural identity
- **Multiple Family Groups** – To have whanau/family/significant others involved in the recovery process, to heal old wounds.
- **Gender Groups** – To address Gender issues
- **Anger Management Groups** – (Separate groups for Men & Women) to address anger/violence/hurt
- **Smoking Cessation Group** – To address nicotine addiction and provide Nicotine Replacement Therapy
- **Spirituality Group** – To address issues related to instilling hope/faith
- **Gratitude Group** – To recognise gratitude and an opportunity to give back to the **Therapeutic Community**
- **After Care Programme**
- **Individual counselling**
- **After Care Support Group**
- **After Care Support House (Calgary)**

ON FUTURE SERVICE DEVELOPMENT

We have recently purchased a property at Te Atatu Peninsula. It offers the Higher Ground residential programme an opportunity to improve accommodation for its clients with greatly enhanced sleeping, living and treatment facilities in a secure environment. The building is modern with a large lounge, dining room and commercial kitchen. In addition, we will be able to upgrade staff offices in a way that brings all staff together again.

The property has good views of the water, which appeals to the spirituality aspect of the 12 Step programme. The residential programme requires a property that can reflect clients increasing self-esteem (feeling good about themselves). The property at the Peninsula provides this.

The Higher Ground Residential programme at this stage intends to increase its residential beds to provide for up to 40 residents in the new facility.

LIFE EDUCATION COMMUNITY TRUST (WAITAKERE)

KEY CONTACT:

Tony Powell, Chairman Waitakere Life Education Community Trust 832 West Coast Rd Waiatarua AUCKLAND	Ph (09) 814 9298 E-mail etpowe@clear.net.nz
Murielle Gill, Educator	Ph: (09) 836-3770 Mobile: 021 144 9878

SERVICES PROVIDED:

The Waitakere Life Education Trust has been in operation for 14 years and is part of a National organisation that operates 38 high tech mobile classrooms across the country. Educators are fully qualified teachers trained in the use of the classrooms, who have access to a range of supporting videos and DVD's, which are generated, by the head office in Wellington. Educators cover primary and intermediate schools, with programmes that are tailored to meet the developmental level of that target group.

Education is not purely focussed on drug abuse, but to any substance that can be harmful to the system. This includes looking at diet and self esteem. The lessons emphasise the uniqueness of each individual and through knowledge offers an individual choice. The sessions on drugs are very carefully tailored to each age group, with a view to equipping them with expert knowledge of what substances can do to their bodies.

MA – MARIJUANA ANONYMOUS

KEY CONTACT:

Contact the Phone line: (09) 810 8113

SERVICES PROVIDED:

MA is a self-supporting group which uses the 12 Steps of Recovery founded by Alcoholics Anonymous. It is a fellowship based on the sharing of experience and strength to recover from marijuana addiction.

MENTAL HEALTH FOUNDATION OF NEW ZEALAND

KEY CONTACT:

Tracey Sparksman Youth Mental Health Promoter	Ph: (09) 300 7013 Mobile: 0275 41 33 70
Mental Health Foundation of New Zealand PO Box 10 051 Dominion Road	Tracey@mentalhealth.org.nz www.mentalhealth.org.nz

SERVICES PROVIDED:**Natural High Programme**

Natural High is a resource that looks at how young people use alcohol and drugs to manage emotional distress. It offers innovative ways of helping them explore this crucial but often neglected aspect of alcohol and drug use.

Natural High is a resource and training package for use in secondary schools or facilitated community groups. The material is suitable for to use in a variety of ways around health, transition issues, life skills creative arts and more.

Natural High offers a flexible, non-judgemental and non-prescriptive way for young people to:

- Explore ideas for positive mental and emotional well-being
- Use drama and the arts to examine emotional issues connected with the problem use of alcohol and drugs
- Critically reflect on the use of alcohol and drugs in our society

Natural High Workshops:

- Are two days long, with a maximum of 15 people per workshop.
- Train participants using the content and action methods in the resource.
- Include lunch.
- Cost \$150.00
- Include a **Natural High** kit for each participant.

Te Kete Whaiora - a resource about depression for people who work with young people. This resource is available from the Mental Health Foundation of New Zealand. This resource explores issues around working with young people with depression, what helps, cultural issues and issues around stigma and discrimination. There is a cost for the resource.

NA – NARCOTICS ANONYMOUS**KEY CONTACT:**

Fellowship Service Office PO Box 6826 Wellesley Street AUCKLAND	0800 628 632 E-mail: nasc@nzna.org http://www.nzna.org
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SERVICES PROVIDED:

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you

want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

A **Closed Meeting** of NA is for those individuals who identify themselves as addicts or for those who are uncertain and think they might have a drug problem.

An **Open Meeting** is and NA meeting that may be attended by anyone (e.g. judges, probation officers, professionals, family members) interested in how we have found recovery from the disease of addiction. Verbal participation, however, is limited to NA members only.

NEW ZEALAND DRUG FOUNDATION - TE TUAPAPA TARUKINO O AOTEAROA

KEY CONTACT:

Ross Bell Executive Director PO Box 3082 WELLINGTON	Ph: (04) 499 2920 Fax: (04) 499 2925 E-mail: admin@drugfoundation.org.nz Web: www.drugfoundation.org.nz
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SERVICES PROVIDED:

The New Zealand Drug Foundation is a non-government organisation which focuses on providing information about the use of alcohol, tobacco and illicit drugs.

The Foundation's objective is minimising drug related harm. This includes harm caused by legal drugs, such as tobacco and alcohol, as well as illegal drugs, such as cannabis.

The Foundation's role is to promote co-ordination, consultation and co-operation among non-governmental organisations, to provide a contact point for the New Zealand Government and non-governmental organisations working in the area, and to provide a centre for valid and reliable information for organisations and individuals. With over one hundred member organisations, the Foundation is ideally placed to carry out this role.

Most of its members are organisations working in the health or education sectors.

NEW ZEALAND ETHNIC SOCIAL SERVICES TRUST (NZESS)

KEY CONTACT:

Hassan Hosseini 56A Covil Avenue Community Centre Te Atatu AUCKLAND PO Box 19709 Avondale AUCKLAND	Ph: (09) 834 6668 E-mail: nzess1@hotmail.com
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SERVICES PROVIDED:

Provides all areas of generic social services provision for ethnic migrants - with the focus being on working with the whole family. Offers one to one couple counselling and group work. NZ Ethnic Social Services is currently the only organisation focused on holistic approach to all types of social and family problems in the Ethnic Community. Our aim is to help you settle into New Zealand and help you create a "healthy" family.

Most staff are currently volunteer and include a registered nurse who provides health advice. Drug and Alcohol counselling and advice is a part of this, particularly given the difficulties in being able to access mainstream services for migrants who do not speak English. Hassan also presents a weekly information programme in Farsi on Triangle TV, which covers areas such as Drug and Alcohol education - with the emphasis being on drug and alcohol education for the family. At NZESS we provide a one stop shop and drop-in centre for all refugees and migrants.

NOR-WESTERN COOK ISLANDS TAOKATAI INC

KEY CONTACT:

Teina Akavi Chairperson 4 Ranui Station Road Ranui AUCKLAND	Ph: (09) 832 5310
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SERVICES PROVIDED:

A non-profit organisation, providing social services and counselling to Cook Islands and Pacific Island people. Also provide a youth at risk programme.

ODYSSEY HOUSE

KEY CONTACT:

Kelly Konsten Admissions and Assessment Centre 2/41 Charlotte St Eden Terrace PO Box 56 447 Dominion Road AUCKLAND	Ph: (09) 374 4556 E-mail: admissioncentre@odyssey.org.nz
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SERVICES PROVIDED:

Services Provided by Odyssey House (Youth services and Adult services);

Odyssey House offers residential and non-residential (youth only) for adolescents, young adults, parents, adults and the dually diagnosed who have serious substance abuse problems and the associated difficulties.

Odyssey House is a psychiatrically supervised therapeutic community model combining a comprehensive range of services in a single treatment setting-including the teaching of daily living skills, educational and vocational assessment and training; recreational, group and individual therapy, family work, medical and psychiatric assessment and treatment, and legal assistance.

Adult Services-Residential Only

Young Adult programme 17-22yrs

Adult programme 22yrs plus

Parents programme

Location: Avondale, Auckland

Dual Diagnosis programme 18 yrs plus

Location: Royal Oak, Auckland

Youth Services (14-17yrs)

2 Residential, 1 day and 2 after school programmes.

Residential:

Locations: Mt Roskill and Mt Eden, Auckland

Day programme:

Location: Avondale, Auckland

After-school programmes:

Locations: Avondale and Eden Terrace, Auckland

PIDAS – PACIFIC ISLANDS DRUGS & ALCOHOL SERVICES

KEY CONTACT:

Edward Tanoi Level 1, 11 Albion Road PO Box 22 176 Otahuhu AUCKLAND	Ph: (09) 276 1606 or 021 300 736
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SERVICES PROVIDED:

PIDAS is a community agency offering drug and alcohol support to the Auckland community – but with a special focus on Pacific Islands people. Services offered include:

- **Counselling.** For individuals, couples and families.
- **Education.** Drug and Alcohol awareness programmes within the community.
- **Group Sessions.** For young people, women, men mixed groups and Anger Management which is drug and alcohol related.

- **Resources.** Produce Drug and Alcohol resources which are relevant to Pacific Islands communities.
- **Community Network.** Working with other community service providers to assist Pacific Islands people.
- **Training.** Training community workers who are working with Pacific Islands people with Drug and Alcohol issues.

REGIONAL MAORI ALCOHOL AND DRUG SERVICE - TE ATEA MARINO

KEY CONTACT:

Joanna Haitana-Evans Clinical Team Leader/A & D Counsellor Te Atea Marino Regional Maori Alcohol & Drug Services Waitemata DHB Ta Haroto Rd Takapuna NORTH SHORE	Ph: (09) 487 1497 E-mail: joanne.haitana@waitematadhb.govt.nz
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GEOGRAPHICAL BOUNDARIES:

Te Atea Marino has the Auckland regional contract to provide alcohol and drug counselling to the Maori community in the Tamaki Makaurau region. The geographical boundaries for service delivery are as far north as Te Hana, Hibiscus Coast, Helensville (parts of the Kaipara), Waitakere City, Northshore, Central and East Auckland, South Auckland and Franklin District (to Port Waikato).

SERVICES:

Te Atea Marino provides free alcohol and drug counselling to Maori tangata whaiora and their whanau. This includes alcohol and drug assessments, treatment planning and referral to other allied services. We offer one to one counselling, whanau sessions and are working on delivering treatment related groups for tangata whaiora and their whanau.

Our working hours are Mondays to Fridays (excluding Public Holidays) from 830am to 5pm. Referrals are made through our duty counsellor on ph: (09) 360-5814 or free phone 0800 MARINO. The duty counsellor is available for consultation and information about our service. Specialist teams within our organisation are: Rangatahi workers (two counsellors, one supervisor), dual diagnosis clinician, taurawhiri (cultural advisor), kaumatua and a parental alcohol & drug worker.

Criteria for admission:

Maori tangata whaiora and/or whanau experiencing problems with alcohol and drug related issues. Age group is from 14 years old to 65 years old plus. Special considerations will be made for tangata whaiora that have a serious medical or psychiatric condition.

SADD (STUDENTS AGAINST DRIVING DRUNK)

KEY CONTACT:

Anna Reid National Manager Students Against Driving Drunk (SADD) Level 4, Fraser House 160-162 Willis Street, Wellington PO Box 11451, Wellington	Ph: (04) 385 8300 www.sadd.org.nz
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SERVICES PROVIDED:

SADD is a national non-profit organisation governed by the New Zealand Automobile Association Driver Education Foundation (AADEF).

SADD is run by young people, who take on the role of promoting the message to their peers within their school.

SADD works with Police Education Officers and are planning on expanding this. Strategic planning has a peer education focus. All schools will have received information about peer education programmes and workshops.

The idea is to provide students with the opportunity to be peer educators. It is not anti-alcohol but has the message of not driving drunk – particularly aimed at young people, who tend to be over-represented in crash statistics.

SUBSTANCE ABUSE EDUCATION TRUST

KEY CONTACT:

Liz Jamieson SAET PO Box 74 386 Market Rd AUCKLAND	Ph: (09) 307 2052 M: 0274 969191 E-mail: saet@xtra.co.nz
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SERVICES PROVIDED:

Provide back up to health programmes, by follow up on drug education and life skills. The Trust conducts Drug Education classes in schools throughout the North Island. These are offered free of any charge other than accommodation and transport costs when required. Liz also conducts drug education classes at Paremoremo Prison in Medium and Maximum Security wings. The Trust is self funding with no Government support and income is derived from Corporate donations and fundraising initiatives. When costs are charged it is at a rate of about \$60 per hour plus expenses.

THE VILLAGE COMMUNITY SERVICES TRUST

KEY CONTACT:

Tu Nuualiitia (General Manager)	Ph: (09) 827 0331
Eric Niu Mentoring Team Leader PO Box 15 400 New Lynn	
3053 Gt Nth Rd New Lynn AUCKLAND	

SERVICES PROVIDED:

The Village Community Services Trust ("The Village") is a registered charitable trust. It is a community based organisation lead by a group of Pacific people who are committed to serving Pacific peoples in Waitakere and Auckland Cities. Legal status as a trust was granted on the 13th October 2003 but the process of developing the trust started in August 2002. Since then extensive consultations with a wide range of individuals and organisations have been carried out to identify community needs and to set strategic direction.

The overarching objectives of The Village are:

- To develop and nurture individuals that will allow them to connect with and contribute to their families and communities
- To support and nurture the development of healthy families that are part of the community
- To contribute to and support the development of functional and cohesive communities

In partnership with the Waitakere City Council the Village is running Youth Stations at Henderson Recreation Centre and New Lynn Community Centre. The Youth Station is a sporting and music activities night held on Fridays. The programme targets 'at risk' youth – but is open to all youth in the community. At the Henderson Youth Station is the Hope Café, where food is provided. Youth Leaders are being developed as part of the Youth Station.

The Village provides a Youth Training Programme called 'Street Level, which is a free training programme for young pacific and māori youth. Youth of today are drawn to art, music and sport which used as vehicle to begin to guide young people towards a brighter future. These areas of Music, Arts & Sports all combine to get our young people moving, motivated and enthusiastic about themselves, others and their future.

The aim is to ensure that all Street Level Learning students succeed and go on to further training or employment

The Village also runs a mentoring programme in nine secondary schools across Auckland, currently mentoring over 300 students each year.

COMMENT:

The Village has a number of initiatives in development.

TUĀU PACIFIC ISLAND MENTAL HEALTH ALCOHOL AND DRUG SERVICES

KEY CONTACT:

Bruce Levi TuĀu 1 st Floor, 409 New North Rd Kingsland AUCKLAND	Ph: (09) 845 1850 E-mail: Bruce.Levi@waitematadhb.govt.nz
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SERVICES PROVIDED:

TALOFA, MALO E LELEI, KIA ORANA, FAKAALOFA LAHI ATU, BULA VINAKA, TALOHA NI!

TuĀu is a group belonging to the Pacific Mental Health and AOD services (PMHADS) Waitemata District Health Board (WDHB). Isalei is the Mental Health arm servicing West and North of Auckland. TuĀu, the AOD arm services the wider Auckland from as South as the Bombay Hills to the top of Wellsford.

TuĀu is a team of Pacific Island workers who are available to support Pacific Island people and their aiga/fanau/magafaoa with any alcohol or drug related issues, problems or questions. TuĀu offer a range of support, counselling and consultation options in a culturally appropriate treatment environment'. TuĀu works within a cultural clinical governance framework with PMHADS Matua and Psychiatrist informing each other. The following foci are addressed in our service delivery:

**Adult men and women
Dual Diagnosis (Co-Occurring)**

**Youth
Early Parenting**

TuĀu receive all Pacific people's referrals which are processed through the CADS triage teams. The CADS call centre number is 09 845 1818.

URGE – WHAKAMANAWA

KEY CONTACT:

Urge - Whakamanawa Youthline House 13 Maidstone St Ponsonby AUCKLAND	Ph: (09) 376 6645 Fax: (09) 376 6650 E-mail: chris@youthline.co.nz Websites: www.urge.co.nz www.whakamanawa.co.nz
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SERVICES PROVIDED:

Urge is a youth health and information service for teenagers particularly for teenagers 15-18 yrs. The site covers sex, drugs, alcohol, emotional well-being (Stress) and image and eating disorders. A creative section (art and writings) and glossary is available in Te Reo and English. There is an extensive youth services directory online on this site as well as a feedback section and online youth membership and a bulletin board. A Youthline Service. Seminars/Workshops in the community and schools. Site also advertises youth events.

Target Groups: All Ethnic groups / all gender groups
Category: Information / Advice / Advocacy.

WAI HEALTH ADDICTION SERVICE

KEY CONTACT:

Fraser Le Noel Addictions Counsellors 13-15 Ratanui Street PO Box 21 081 Henderson AUCKLAND	Ph: (09) 839 0288 (Extn 734) E-mail: wai.health1@wai-trust.co.nz
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SERVICES PROVIDED:

Provide outpatient based addictions assessment and counselling to anyone within the community. Referrals can be made from any group or self. Wai Health provide an integrative approach, as part of the wide range of services provided through Te Whanau O Waipareira Trust. This means that whanau can receive support from a combination of services which will work together to provide a strengths based plan.

The Wai Health Addiction Service work with the whole whanau and manage both crisis and longer term intervention. Facilitation for access to community based initiatives, dual diagnosis, detoxification, residential and methadone services are available and there is no limit to the intervention time. Currently employing 1 full time and 2 part time counsellors as well as 1 full time educator.

Planned services include developing group projects and conducting a needs assessment within the community. Wai Health Addiction Services are also planning on raising their profile within the community over the next year.

WINGS TRUST

KEY CONTACT:

Shane Lewis 43 Walters Rd Mt Eden AUCKLAND	Ph: (09) 815 1631 E-mail: wingstrust@hotmail.com
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SERVICES PROVIDED:

Wings are a non-profit, non-denominational Charitable Trust addressing Recovery with an holistic approach: spiritual, physical, emotional and mental. The Trust provides housing and treatment for people (aged 17yrs and over) with addictions to alcohol, cannabis, minor tranquillisers, opiates, hallucinogens, amphetamine-like compounds, and/or solvents.

There are six houses, one being a house for Women. Four are situated in the Mt Eden / Sandringham area, one in Blockhouse Bay and one in Titirangi.

YOUTH EDUCATION SERVICE (YES) - NEW ZEALAND POLICE

KEY CONTACT:

Constable Rohan Stace	Ph: (09) 839 0781 (DDI)
Constable Mike Clague	Ph: (09) 839 0783 (DDI)
Constable Carl Musto	Ph: (09) 839 0700 (DDI)
NZ Police Youth Education Service (YES)	
Henderson Police Station	
7 Buscomb Ave	
PO Box 21 162	
Henderson	
AUCKLAND	

SERVICES PROVIDED:

The NZ Police Youth Education Service (YES) is a service unit of the NZ Police established to reduce crime and crash trauma in the community by delivery school based education programmes to young people under four strategic themes: *Crime Reduction & Social responsibility, School Road Safety Education, Violence Prevention and Drug Abuse Resistance Education.*

YES Police Education Officers (PEOs) are trained and resourced to deliver a range of interventions and advice on the issue of drug abuse, aimed at enabling children and young people to avoid illegal drugs, to make sensible choices about their use of alcohol and other drugs and to seek help when needed. Depending on a school needs this may involve developing a customised programme for a specific issue or facilitating delivery of one of the DARE programmes.

The DARE Programmes

Six DARE programmes have been developed jointly by Police and the DARE Foundation to offer age-appropriate drug education and social skill development. The programmes were developed by New Zealand teachers, health educators and Police Education Officers (PEO's) and are indigenous to this country.

DARE to make a Choice (two programmes)

Prepares young people to make responsible choices and decisions about the use of drugs and gives them the skills to implement these. For Years 5-6 and Years 7-8. Delivered by PEO's and teachers.

Tena Kowhiria

Entirely in Te Reo Maori. Prepares young people to make responsible choices and decisions about the use of drugs and gives them the skills to implement these. For Years 7-8. Delivered by teachers and police officers.

DARE to Drive to Survive

Aims to reduce death and injury resulting from drinking and driving, by helping young people make informed and responsible decisions as drivers or passengers. For Years 11-13. Delivered by PEO's and teachers.

DARE to Support Your Kids

A programme for parents and caregivers, whose children are going through *Dare to make a Choice* or *Tena Kowhiria*. Parents and caregivers will learn skills to help them support their young people as they begin to make important decisions about their use of drugs. Delivered by community facilitators or PEO's.

DARE Reducing the Harm

For secondary schools. A seven step Action Plan designed to assist schools minimise the harm from illicit drug use. It includes material for teachers, parents and caregivers, and students.

YOUTHLINE

KEY CONTACT:

Stephen Bell Youthline House 13 Maidstone St Ponsonby AUCKLAND	Ph: (09) 376 6645 (office) 0800 376633 (Counselling line) Fax: (09) 376 6650 E-mail: youthline@youthline.co.nz www.youthline.co.nz
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SERVICES PROVIDED:

Youthline offer quality professional services for young people and their families in a friendly and caring environment. A telephone counselling service operates seven days a week from 8am to midnight. Youthline provides face to face counselling – individual, pregnancy and family therapy. We also offer a range of counselling, self development programmes and training which cover “youth crisis”, “youth at risk” and “youth development” programmes for young people, with specific focus on 11 – 30 years. Also an Alternative Education Programme for young people aged 12-16.

Service Summary:

- Crisis Phone Counselling Service
- Volunteer Training = Personal development, Basic counselling, supervision etc.
- Face to Face counselling service (Auckland)
- Family Therapy counselling (Auckland)
- Pregnancy centre counselling
- Action Education – Groups & seminars in schools and community
- Alternative Education School (Auckland)